

ID [REDACTED]	Height 185cm	Age 30	Gender Male	Test Date / Time 07.04.2021 13:22
------------------	-----------------	-----------	----------------	--------------------------------------

Body Composition Analysis

	Values	Total Body Water	Soft Lean Mass	Fat Free Mass	Weight
Total Body Water (L)	61.6 (42.3~51.7)	61.6	79.5 (54.4~66.4)	84.2 (57.6~70.4)	92.5 (64.0~86.6)
Protein (kg)	16.9 (11.3~13.9)				
Minerals (kg)	5.71 (3.91~4.78)	non-osseous			
Body Fat Mass (kg)	8.3 (9.0~18.1)				

Muscle-Fat Analysis

	Under	Normal	Over
Weight (kg)	55 70 85 100 115 130 145 160 175 190 205 %	92.5	
SMM (kg) Skeletal Muscle Mass	70 80 90 100 110 120 130 140 150 160 170 %	49.2	
Body Fat Mass (kg)	40 60 80 100 160 220 280 340 400 460 520 %	8.3	

Obesity Analysis

	Under	Normal	Over
BMI (kg/m ²) Body Mass Index	10.0 15.0 18.5 22.0 25.0 30.0 35.0 40.0 45.0 50.0 55.0	27.0	
PBF (%) Percent Body Fat	0.0 5.0 10.0 15.0 20.0 25.0 30.0 35.0 40.0 45.0 50.0	9.0	

Segmental Lean Analysis

	Under	Normal	Over	ECW Ratio
Right Arm (kg) (%)	55 70 85 100 115 130 145 160 175 %	5.44 143.0		0.377
Left Arm (kg) (%)	55 70 85 100 115 130 145 160 175 %	5.39 141.8		
Trunk (kg) (%)	70 80 90 100 110 120 130 140 150 %	38.2 126.0		0.361
Right Leg (kg) (%)	70 80 90 100 110 120 130 140 150 %	11.98 113.3		0.355
Left Leg (kg) (%)	70 80 90 100 110 120 130 140 150 %	11.71 110.8		0.360

ECW Ratio Analysis

	Under	Normal	Over
ECW Ratio	0.320 0.340 0.360 0.380 0.390 0.400 0.410 0.420 0.430 0.440 0.450	0.362	

Body Composition History

	02.12.16:53	19.07.16:03	01.20.13:51	30.01.14:17	20.11.14:07	03.12.16:31	20.07.11:39	01.21.07.04.21	13:22
Weight (kg)	94.8	93.7	94.4	92.7	93.5	91.9	91.9	92.5	
SMM (kg) Skeletal Muscle Mass	51.5	51.1	49.9	48.6	49.4	49.0	48.6	49.2	
PBF (%) Percent Body Fat	6.9	6.6	8.8	9.3	8.5	8.2	8.9	9.0	
ECW Ratio	0.362	0.361	0.366	0.366	0.370	0.365	0.367	0.362	

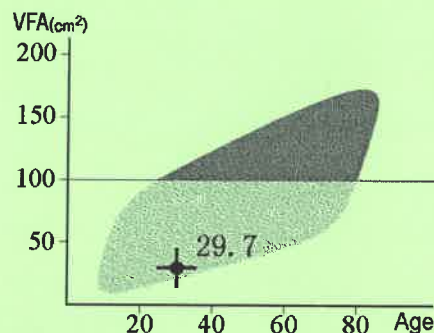
Recent Total

InBody Score

100/100 Points

* Total score that reflects the evaluation of body composition. A muscular person may score over 100 points.

Visceral Fat Area



Weight Control

Target Weight	92.5 kg
Weight Control	0.0 kg
Fat Control	0.0 kg
Muscle Control	0.0 kg

Segmental Fat Analysis

Right Arm (0.1 kg)	15.7%
Left Arm (0.1 kg)	15.7%
Trunk (4.5 kg)	95.2%
Right Leg (1.1 kg)	56.5%
Left Leg (1.0 kg)	54.0%

Research Parameters

Extracellular Water	22.3 L	(16.1~19.7)
Skeletal Muscle Mass	49.2 kg	(32.4~39.6)
Basal Metabolic Rate	2189 kcal	
Waist-Hip Ratio	0.84	(0.80~0.90)

Results Interpretation

Body Composition History

Track the history of the body compositional change. Take the InBody Test periodically to monitor your progress.

Results Interpretation QR Code

Scan the QR Code to see results interpretation in more detail.



Impedance

	RA	LA	TR	RL	LL
Z(Ω) 1kHz	246.2	252.2	23.6	274.0	283.4
5kHz	240.7	246.3	22.8	266.1	275.5
50kHz	207.7	210.8	18.3	219.3	229.0
250kHz	183.0	184.7	14.4	191.1	200.4
500kHz	175.3	176.7	13.3	184.8	193.8
1000kHz	167.7	169.0	11.8	179.6	188.3